

## Effects of Ecstasy

Ecstasy is a synthetic, psychoactive drug that acts as both a stimulant and psychedelic. Ecstasy produces an energizing effect, as well as distortions in time and perception and enhanced enjoyment from tactile experiences. Pure ecstasy takes the form of a white powder.

Ecstasy is commonly ingested orally as a pill, though some swallow it in liquid form or crush it and snort the powder.

### Brain

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Paranoia  
Psychosis  
Difficulty concentrating  
Insomnia  
Anxiety

### Body

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Poor muscle control and unsteadiness  
Muscle aches and stiffness  
Increased blood pressure  
Rapid heart rate  
Nausea  
Loss of appetite  
Increased body temperature  
Increased blood pressure  
Sweating  
Jaw clenching  
Teeth grinding

### Behaviour

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Lowered inhibitions  
Aggression  
Irrational or bizarre behaviour  
Irritable

